Preston Memorial Hospital
Mon Health System

* Denotes Healthier Choice
Calories noted in red.

150 Memorial Drive Kingwood, WV 26537

Now Open for Lunch from 11:30am-1:30pm

Cafeteria Menu

Week 6

Lunch 11:30-1:30

April 10, 2017		April 11, 2017		April 12, 2017		April 13, 2017		April 14, 2017	
Monday		**Tuesday**		**Wednesday**		**Thursday**		**Friday**	
Fried Chicken/296	$1.80	Taco Salad Basket/440	$3.00	Pepperoni Pizza/425	$1.50	Ham/3oz-80	$1.60	Stuffed Chicken Breast/362	$2.00
Whipped Potatoes */85	$0.70	Taco Sal Baked Basket*/279	$3.00	W.W. Potato Soup */238	$0.85	Potato Salad/230	$0.70	Duchess Potatoes/110	$0.70
Baked Beans /140	$0.65	Refried Beans/135	$0.65	Tuna Salad Croissant/380	$1.60	Baked Beans/140	$0.65	Green Beans */20	$0.65
BBQ Beef Sandwich/346	$1.75	Corn/59	$0.60	Tuna Salad Sandwich	$1.25	Sloppy Joes/346	$1.25	Meatball Hoagie/560	$2.25
Wheat/316 Bun/326		Turkey Sandwich *	$1.25	White/260 Wheat/230		Onion Rings/5-160	$1.00	w/Chips/210-230	$2.50
Coleslaw	$0.70	White Bread/258		Healthy Bread*/240	$1.75	Cole Slaw/134	$0.70	Baked Chips/130	$2.50
		Wheat Bread/228							

Dinner 5:15-6:00

Monday		Tuesday		Wednesday		Thursday		Friday	
Beef Stroganoff/226	$1.40			Pork Chops/348	$1.85	Cold Cut Hoagie/179	$2.00	Meat Loaf /235	$ 1.60
w/Noodles/73	$1.75	Crispy Chicken Salad		Macaroni & Cheese		w/Chips/210-230	$2.25	Whipped Potatoes */85	$ 0.70
Noodles/73	$0.50	Small with fries/565	$2.50	Small/210	$0.70	Baked Chips/130		Brussel Sprouts / ½ cup- 19	$ 0.60
Italian Blend */30	$0.65	Large with fries/775	$3.25	Large/420	$1.40	Chili/250	$1.50	Tomato Rice Soup/180	$ 0.85
Fish Fillet Sandwich/260	$1.60	Large without fries,		Beets/40	$0.65			Chicken Salad Sandwich	$ 1.50
		cheese, & egg */235						Wheat /335	
								White/365	