



150 Memorial Drive Kingwood, WV 26537

### Cafeteria Menu

Week 12

\* Denotes Healthier Choice  
Calories noted in red.

Now Open for Lunch from 11:30am-1:30pm

#### Lunch 11:30-1:30

August 14, 2017		August 15, 2017		August 16, 2017		August 17, 2017		August 18, 2017	
Monday				Wednesday		Thursday		Friday	
Taco Salad Basket/440	\$ 3.00	Fried Chicken		Country Fried Steak/250	\$ 1.60	Chicken Strips/200	\$ 0.60	Mac & Cheese Sm/135	\$ 0.70
on Baked Shells/279	\$ 3.00	Thigh & Drumstick/431	\$ 1.60	Whipped Potatoes/85	\$ 0.70	Broccoli Poppers/150	\$ 0.50	Large/269	\$ 1.40
Salsa & Cheese Burger/490	\$ 1.80	Potato Salad/230	\$ 0.70	Carrots/35	\$ 0.60	Curly Fries sm-315 /lg-630	\$ 0.90	BBQ Beef Sandwich/328	\$ 1.75
Refried Beans/135	\$ 0.60	Baked Beans/140	\$ 0.70	Chicken Sandwich /184	\$ 2.25	Basket (2 strips, 2 poppers		French Onion Soup*/ 83	\$ 0.85
Corn/59	\$ 0.60	Corn on the Cob/105	\$ 0.40			and large fries)/1330	\$ 2.50	Ham / 3oz-80	\$1.60
		Vegetarian Veggie Soup*/51	\$ 0.85					Vegetable Blend	\$0.70

#### Dinner 5:15-6:00

Monday		Tuesday		Wednesday		Thursday		Friday	
Vegetable Soup */189	\$ 0.85	Stuffed Chicken Breast/320	\$ 2.00	Meatball Hoagie/560	\$ 2.00	Beef Tomato & Macaroni		Chef Salad w/ Turkey	
BLT Sandwich	\$ 1.50	Duchess Potatoes/ ½ cup 144	\$ 0.70	w/Chips/210-230	\$ 2.25	Small/128	\$ 0.70	Small/307	\$ 2.35
Wheat with 3 bacon/320		Green Beans/20	\$ 0.60	Baked chips/130		Large/256	\$ 1.40	Large/403	\$ 2.65
White with 3 bacon/350				Chili/250	\$ 1.50	Winter Blend */1 cup 30	\$ 0.60	Large w/ Turkey*/356	\$ 2.65
				Cornbread/405	\$ 0.60	Garlic Bread/230	\$ 0.40	Mushroom Swiss Burger/438	\$ 1.85