



150 Memorial Drive Kingwood, WV 26537

Cafeteria Menu

Week 11

Now Open for Lunch from 11:30am-1:30pm

* Denotes Healthier Choice
Calories noted in red.

Lunch 11:30-1:30

| August 7, 2017 | | August 8, 2017 | | August 9, 2017 | | August 10, 2017 | | August 11, 2017 | |
|--------------------------------------|---------|------------------------------------|---------|--|---------|-------------------------------------|---------|--------------------------------|---------|
| MONDAY | | Tuesday | | Wednesday | | Thursday | | Friday | |
| Sweet & Tangy Porkchops | \$1.75 | Chargrilled Chicken Salad | | Baked Breaded Ranch Chicken | \$ 1.75 | Hamburger/ 300--bun +120 | \$ 1.50 | Batter Dipped Fish/ 210 | \$ 1.60 |
| Augratin Potatoes/ ½ cup- 110 | \$0.70 | Small/ 511 egg , cheese | \$ 2.35 | Buttered Noodles/ ½ cup- 110 | \$ 0.70 | Hot Dog/ 151-- bun +100 | \$ 1.20 | & Large Fries/ 315 | \$ 2.30 |
| Sauteed California Blend Veg | \$ 0.70 | Large/ 1023 egg, cheese | \$ 3.60 | Steamed Broc & Mushrooms * /159 | \$ 0.90 | Hamburger & Hotdog | \$ 2.50 | Baked Potatoes * /161 | \$ 0.90 |
| | | No Egg, No Cheese / 337 | | | | w/Chili Sauce/ 1oz-29 | \$ 2.75 | w/Cheese/ 40 | \$ 1.40 |
| Bacon Cheeseburger/ 330 | \$ 1.95 | w/fries +315 | \$3.25 | Vegetable Soup/ 189 | \$ 0.85 | Corn Dog | \$ 1.20 | w/Broccoli * /40 | \$ 1.40 |
| BLT Pizza | \$ 1.40 | BLT Sand-White/ 3 Bacon/350 | \$1.50 | | | Grilled Cheese Sandwich/ 280 | \$ 1.00 | w/Cheese & Broccoli/ 80 | \$ 2.00 |
| Coleslaw/ 41 | \$ 0.70 | wheat 3 bacon/320 | | | | Tomato Soup * /90 | \$ 0.85 | | |
| | | | | | | ColeSlaw/ 41 | \$ 0.70 | | |

Dinner 5:15-6:00

| Monday | | Tuesday | | Wednesday | | Thursday | | Friday | |
|-------------------------------------|---------|-------------------------------|---------|-------------------------------------|---------|-----------------------------------|---------|-----------------------------------|---------|
| Pepperoni Pizza/ 425 | \$ 1.50 | Creamed Chicken * /364 | \$ 1.40 | Roast Beef/ 303 | \$ 1.70 | Stuffed Pork Loin/ 318 | \$ 1.85 | Taco Salad Basket/ 440 | \$ 3.00 |
| Cheesy Garlic Breadstix/ 201 | \$ 0.40 | w/Biscuit/ +190 | \$ 1.70 | Whipped Potatoes * 85 | \$ 0.70 | Augratin Potato/ ½ cup-161 | \$ 0.70 | on Baked Shells/ 279 | \$ 3.00 |
| w/Sauce (3) 603/ ½ cup 70 | \$ 1.35 | Peas & Carrots * 38 | \$ 0.60 | California Blend * /83 | \$ 0.60 | Brussel Sprouts /½ cup- 19 | \$ 0.60 | Salsa & Cheese Burger/ 490 | \$ 1.80 |
| Spaghetti Pie/ ½ cup 128 | \$ 0.80 | Hot Dog / 151 Bun+120 | \$ 1.00 | Roast Beef Sandwich | \$ 1.90 | Ham Salad Sandwich | \$ 1.25 | Refried Beans/ 135 | \$ 0.60 |
| /1 cup 256 | | Chili Dog/ 180 | \$ 1.25 | White / 443 | | White/ 323 | | Corn/ 59 | \$ 0.60 |
| | | Onion Rings/ 160 | \$ 1.00 | Wheat/ 413 | | Wheat/ 293 | | | |
| | | Cole Slaw/ 41 | \$ 0.70 | w/Potatoes/ 85 gravy ½cup 25 | \$ 2.30 | | | | |