

Now Open for Lunch from 11:30am-1:30pm

Cafeteria Menu

Week 5

* Healthier Choice
Calories noted in red.

Lunch 11:30-1:30

December 11, 2017		December 12, 2017		December 13, 2017		December 14, 2017		December 15, 2017	
Monday		Tuesday		Wednesday		Thursday		Friday	
Soup Beans 12 oz/216	\$ 0.85	BBQ Beef Sandwich/328	\$ 1.75	Chargrilled Chicken Salad		Chargrilled Steak/160	\$ 2.75	Batter Dipped Fish/210	\$ 1.50
Corn Bread/178	\$ 0.50	Add-Bun/120 White/140		Small/511 egg, cheese	\$ 2.35	Whipped Potatoes */85	\$ 0.70	Baked Potato */161	\$ 0.90
BLT Sandwich/3 slices	\$ 1.50	Wheat/110		Large/1023 egg, cheese	\$ 3.60	Spinach/40	\$ 0.65	w/Cheese/¼ cup -40	\$ 1.40
White/350		Lasagna/166	\$ 1.75	No Egg, No Cheese /337		Chicken Fillet /325	\$ 1.60	w/Broccoli */40	\$ 1.40
Wheat/320		Garlic Bread/150	\$ 0.40	w/fries +315		Add- Bun/120 White/140	\$ 0.85	w/Cheese & Broccoli/80	\$ 2.00
		California Blend Veggies */83	\$ 0.65	Tomato Soup*/90	\$ 0.85	Wheat/110		Onion Rings/ 5 rings -250	\$ 0.75
Coleslaw/41	\$ 0.70			Grilled Cheese Sandwich	\$ 1.00	Cream Broccoli Soup/150	\$ 0.85		
				White/280 Wheat/250					

Dinner 5:15-6:00

Monday		Tuesday		Wednesday		Thursday		Friday	
Hot Dog/151	\$ 1.20	Cream Turkey-½ cup/143	\$ 1.50	Bacon(2), Egg & Cheese		Spaghetti/ ½ cup110	\$ 1.25	Taco Salad Basket/440	\$ 3.00
Chili Dog/293	\$ 1.40	w/ Biscuits	\$ 1.95	Croissant/390	\$ 2.00	w/Sauce/ ½ cup 70	\$ 1.40	Taco Sal Baked Basket*/279	\$ 3.00
Cole Slaw/41	\$ 0.70	w/ Whipped Potatoes	\$ 1.95	Fried Potatoes/½ cup-121	\$ 0.50	w/Meat Sauce/ ½ cup176	\$ 1.75	Refried Beans/135	\$ 0.60
Bacon Cheeseburger/330	\$ 1.95	Peas & Carrots /38	\$ 0.65	/1 cup 242	\$ 1.00	Winter Blend */1 cup 30	\$ 0.65	Corn/59	\$ 0.65
Bun/120		Vegetable Pizza/334	\$ 1.50	Biscuit & Sausage Gravy	\$ 1.50	Garlic Breadsticks/ 140 ea	\$ 0.40	Salsa & Cheese Burger/440	\$ 1.85
				Scrambled Eggs/½ cup-175	\$ 0.60	w/Sauce (3)/ ½ cup 70	\$ 1.30		
				/1 cup-350	\$ 1.20				