Mon Health
Preston Memorial Hospital

150 Memorial Drive Kingwood, WV 26537

Now Open for Lunch from 11:30am-1:30pm

Cafeteria Menu

Week 7

* Healthier Choice
Calories in red.

Lunch 11:30-1:30

July 10, 2017		July 11, 2017		July 12, 2017		July 13, 2017		July 14, 2017	
Monday		**Tuesday**		**Wednesday**		**Thursday**		**Friday**	
Pork Loin/275		Meatloaf/235	$ 1.60	Liver & Onions/190	$ 1.30	Roast Beef/303	$ 1.80	Creamed Chicken **/364*	$ 1.50
Dressing/½ cup 120	$ 1.85	Whipped Potatoes **/85*	$ 0.70	Whipped Potatoes **/85*	$ 0.70	Whipped Potatoes **/85*	$ 0.70	w/Biscuit/+190	$ 1.95
Macaroni & Cheese		Lima Beans/120	$ 0.60	California Blend **/83*	$ 0.60	Green Beans **/20*	$ 0.60	Carrots **/38*	$ 0.65
Small/210	$ 0.70	Egg Salad Sandwich	$ 1.50	Tomato Soup **/90*	$ 0.85	Roast Beef Sandwich	$ 2.00	Ham Salad Sandwich	$ 1.25
Large/420	$ 1.40	White/485 Wheat/455		Grilled Cheese Sandwich	$ 1.00	White/443 Wheat/413		White/323 Wheat/293	
Beets **/40*	$ 0.60			Wheat/250 White/280		w/Potatoes/+85	$ 2.50	Biscuit/190	$ 0.75
						Green Pepper Soup/105	$ 0.85	Ham Salad Stuff Tomato/202	$ 2.00

Dinner 5:15-6:00

Monday		Tuesday		Wednesday		Thursday		Friday	
Roast Beef/303	$ 1.80	Country Breaded Fish/240	$ 1.75	Baked Potatoes **/161*	$ 0.90	Baked Chicken **/286*	$ 1.70	Turkey Dressing Casserole	
Whipped Potatoes **/85*	$ 0.70	Curly Fries/365	$ 0.90	w/Cheese/40/1/4 cup	$ 1.35	Whipped Potatoes **/85*	$ 0.70	Small/243	$ 0.90
Peas & Carrots **/38*	$ 0.60	California Blend **/83*	$ 0.60	w/Broccoli **/40*	$ 1.35	Corn on the Cob/105	$ 0.60	Large/486	$ 1.70
Roast Beef Sandwich	$ 2.00			w/Cheese & Broccoli/80	$ 1.90			Whipped Potatoes **/85*	$ 0.70
White/443 Wheat/413				Chili/250	$ 1.50			Green Beans **/20*	$ 0.60
w/Potatoes/+85-gravy/25	$ 2.50								